

Tibet

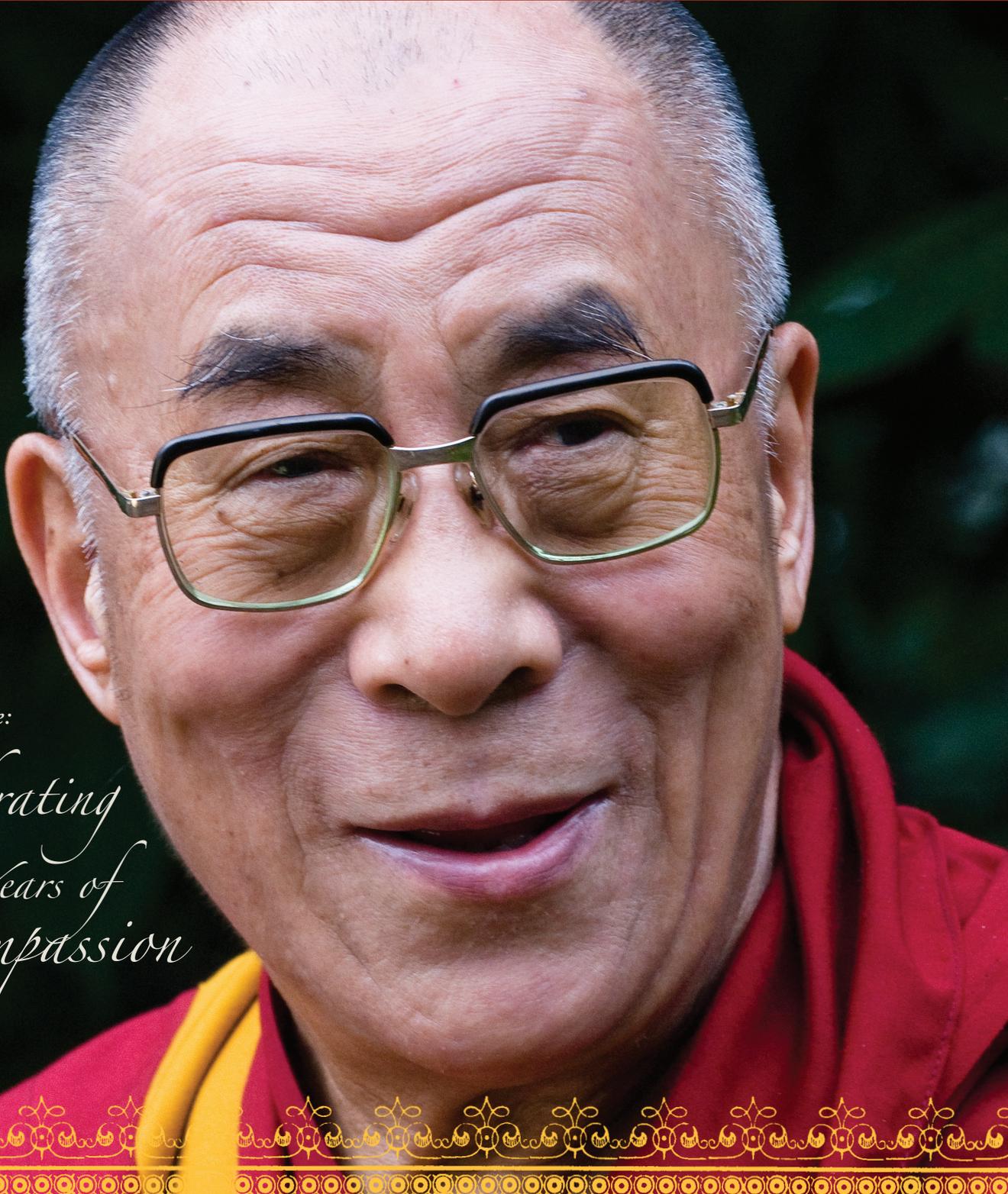
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PRESS WATCH

FALL 2015
A publication of the
International Campaign for Tibet

INSIDE:

- Celebrations Around the World
- The Dalai Lama, Past and Future
- Richard Gere Gives Testimony
- 20 New Prohibitions in Tibet



Special Issue:

*Celebrating
80 Years of
Compassion*



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Dear Friends,

This very special issue celebrates an extremely joyous event—the 80th birthday of His Holiness the Dalai Lama.

From being a refugee and a stateless spiritual leader, the Dalai Lama has become a moral figure loved and respected all over the world. For Tibetans, the 80th birthday is an especially significant milestone, and people from all walks of life gathered to offer birthday greetings and wish long life for His Holiness this summer. Inside you'll find photos from events held in California and New York as well as information on the past and future of the Dalai Lama as an institution.



I had the honor of personally extending birthday greetings on behalf of ICT's members to His Holiness the Dalai Lama at his official 80th birthday celebration in California on July 5.

In spite of the prohibitions against celebrating inside Tibet (see the latest restrictions on page 10), many Tibetans gathered together, set off fireworks, made public offerings of incense, attended prayer ceremonies at local monasteries, and even erected an open-air shrine to His Holiness. Others held private celebrations at home, away from the eyes of Chinese authorities.

Inspired by their courage and fortitude in the face of relentless oppression, I traveled to Geneva to participate in a side event titled *Lockdown in Tibet* during the 29th session of the UN Human Rights Council (see page 8). The name refers to the very real “lockdown” situation—including numerous human rights abuses—imposed in Tibet since the 2008 demonstrations against Chinese rule. Joining me there were Keith Harper, US Ambassador to the Human Rights Council, and Sarah Sewall, U.S. Undersecretary of State and Special Coordinator for Tibetan Issues, who both made strong statements of support for Tibet.

In the midst of my trip came a ray of hope—the very welcome news that His Holiness the Dalai Lama will be awarded the 2015 Liberty Medal this fall in Philadelphia in recognition of his human rights work worldwide. He joins an estimable list of recipients, including Kofi Annan, Malala Yousafzai, Sandra Day O'Connor, Vaclav Havel, and others. The award is only further confirmation that the Chinese propaganda machine, powerful as it is, cannot stifle the world's recognition of the work His Holiness has done in devoting his life to compassion for others.

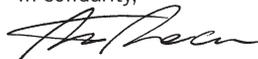
According to a poll we recently commissioned in five European countries and the U.S., individuals surveyed have an overwhelmingly positive opinion of the Dalai Lama, with approval ratings of more than 90% in France, Germany, and Italy, and 87% in the United States.

The poll sent a clear message of international support for the Tibetan spiritual leader, as did the many people who came together to express their appreciation on the occasion of his birthday this summer. In spite of the struggle that remains, there is much hope and joy to be found in the many friends of Tibet who stand in solidarity with us and in the unflagging perseverance of our Tibetan brothers and sisters.

I hope you enjoy this special issue. As you read through it, please take a few minutes to complete the questionnaire about this publication on page 11 and give us your thoughts on the *Tibet Press Watch*. We value your opinion, and your input will help shape our communications with members as we move forward in these important endeavors.

Thank you for being part of ICT's extremely valued global community!

In solidarity,


Matteo Mecacci

Cover Image: His Holiness the Dalai Lama reached 80 years of life on July 6, 2015. Celebrations spanned the spring and summer months. Photo: OHHDL/Tenzin Choejor

80 Years of Compassion



Celebrating His Holiness the Dalai Lama Around the World

July 6, 2015 was a landmark birthday for His Holiness the Dalai Lama. The Dalai Lama's birthday is among the most auspicious occasions for Tibetans every year and is always marked by celebration. But the 80th birthday is regarded by Tibetans as an especially important milestone in a person's life—particularly for the Dalai Lama, whose lifetime has been devoted to compassion and support for others. His Holiness was born on July 6, 1935 to a peasant family in the village of Taktser in Amdo Province, northeastern Tibet. Below are highlights from the official celebrations that took place in the U.S. and India.

GLOBAL COMPASSION SUMMIT - CALIFORNIA

The Global Compassion Summit celebrated His Holiness with three days of events open to the public from July 5 to 7 in Irvine and Anaheim, California. The summit was the official world celebration of the birthday and included Nobel Laureates Shirin Ebadi and Jody Williams, performers Patti Smith and Gloria Estefan, Professor Robert Thurman, labor leader Dolores Clara Fernandez Huerta, television anchor Ann Curry, and others.

The summit was designed to feature the different areas in which His Holiness has made significant impact and to foster dialogues on compassion and peace among people from all

backgrounds and walks of life. Dialogue topics included the transformative power of creativity and art; the effects of climate change; youth leadership and the significance of education in advancing universal human values; and a dialogue with Nobel Laureates on wisdom, vision, and experience.

The summit was produced in partnership with Friends of the Dalai Lama, UC Irvine, and Center for Living Peace. Approximately 18,000 people attended.

Above image: His Holiness the Dalai Lama expresses his thanks to a member of the Agape International Choir at the Honda Center in Anaheim on July 5. Photo: Tenzin Choejor/OHDDL, DalaiLama.com



Above images: On July 10 at the Javits Center in New York, the Dalai Lama cut a cake presented in his honor, and ICT Board Chair Richard Gere spoke during the Gratitude Celebrations. Photos: Tenzin Choejor/OHHDL, DalaiLama.com

GRATITUDE TENSHUG - NEW YORK

The North American Tibetan Associations organized a Grand 80th Birthday Celebration for His Holiness from July 9 to 10 in New York City. It included Tibetan Americans and Canadian Tibetans as well as people from Mongolia, Tuva, the Buryat and Kalmyk regions of the Russian Federation, Bhutan, the Himalayan regions of Nepal, India, and beyond.

The two-day event included traditional and contemporary programs as well as religious teachings and rituals. His Holiness gave a teaching on the text *Gomrim Barpa* (middle stages of meditation) and conferred a White Tara long-life empowerment on participants. The community then performed *Tenshug*, the offering of prayers for a long life, to His Holiness. Civic and

religious leaders including Valerie Jarrett, senior adviser to the Obama administration, and Nancy Pelosi, the U.S. House of Representatives Democratic Leader, also participated in a ceremony offering gratitude to His Holiness for his spiritual and moral support and guidance. Speaking at the event, Pelosi said, “The visionary leadership of the Dalai Lama has been critical to amplifying the voices of Tibetans in Tibet and beyond. His clarion call of freedom for Tibet is a challenge to all who believe in justice, in dignity, and in the power of the human spirit ... If freedom-loving people do not speak out against oppression in Tibet because of China’s economic strength, then we have lost all moral authority to speak out on human rights anywhere in the world.”

TENSHUG - DHARAMSALA, INDIA

On June 21, the Central Tibetan Administration together with the International Gelugpa Association and the Tibetan Dho-Med (Amdo) Association offered a *Tenshug* ceremony to His Holiness the Dalai Lama. The ceremony was made jointly among the three groups in order to achieve a confluence of prayers, which is more powerful than individual prayers. Thousands of Tibetans and Tibet supporters attended the celebration and cultural performances that followed in the courtyard of the main Tibetan temple.

Leading up to the birthday celebrations, various additional programs, including a discussion on religion and education and a series of other events, were organized as part of the “2014 Year of His Holiness the Dalai Lama.”

WHAT IS TENSHUG?

Many of the global birthday celebrations for His Holiness included *Tenshug*, which is the Tibetan term for a ceremonial long life offering. The ritual includes the chanting of special prayers and the presentation of symbolic offerings in order to request long life for a spiritual master so that he can continue to preserve the Buddhist teachings and secure the happiness of all living beings. Often, *Tenshug* includes prayers to White Tara, the Buddhist deity known for her compassion and credited with power to provide longevity.

80 Years of Compassion



Photo Credit: DalaiLama.com



Photo Credit: DalaiLama.com

THE DALAI LAMA, PAST AND FUTURE

Tibetan Buddhists consider the Dalai Lama to be the human incarnation of Avalokiteshvara or Chenrezig, the Bodhisattva of Compassion and the patron saint of Tibet. As a Bodhisattva, the Dalai Lama is believed to have chosen rebirth in human form in order to serve humanity. The institution of the Dalai Lama began in Tibet in the fifteenth century and stemmed from the belief that the Buddha sent emanations in human form to complete the work he started.

For three hundred years, the role of the Dalai Lama included both spiritual leadership and political leadership of the Tibetan plateau. In 2011, the current Dalai Lama ceded his power as a political leader to a democratically elected Tibetan leadership in exile. His role now is as spiritual leader of Tibet—just as it was for the first four Dalai Lamas. His mission includes three main commitments: promoting human values of compassion and tolerance, working toward religious harmony and understanding, and preserving the Tibetan Buddhist culture of peace and non-violence.

As His Holiness the Fourteenth Dalai Lama neared his eightieth birthday, discussions arose about the future of this institution. In the past, when a Dalai Lama has died, he has been reincarnated in another human body. His Holiness has said that whether or not the Dalai Lama's reincarnations continue in the future will depend on whether the Tibetan people still find it beneficial. However, he has cautioned against the possibility of political interests and manipulations interfering in the succession process. To mitigate this risk, in 2011 he developed clear written guidelines for recognizing the next Dalai Lama.

In spite of this, recent statements by Chinese government leaders indicate that they will attempt to control the process and to install their own selection for Dalai Lama after the present spiritual leader passes away. In March, during a session of China's parliament, senior Party official Zhu Weiqun told reporters, "Decision-making power over the reincarnation of the Dalai Lama, and over the end or survival of this lineage, resides in the central government of China."

Top: The Dalai Lama was identified at the age of two and began studying Buddhist philosophy at age six. Bottom: His Holiness in 1954 or 1955, prior to exile.

PELOSI AND GERE CO-AUTHOR *WALL STREET JOURNAL* OP-ED

On July 6, the date of His Holiness the Dalai Lama's 80th birthday, the *Wall Street Journal* published an opinion piece entitled "As the Dalai Lama Turns 80, Tibet Still Suffers," written by ICT chairman Richard Gere and Democratic Leader of the U.S. House of Representatives Nancy Pelosi.

In the article, Gere and Pelosi assert that on the occasion of his 80th birthday, the Dalai Lama has never mattered more as an international figure of peace and compassion, and that "the nonviolent nature of the Tibetan struggle should serve as an inspiration for a world riven by conflict and shattering acts of violence."

Urging the world's democracies to join together in opposing China's human rights violations in Tibet, the authors say, "We

need to develop a more honest and clearheaded relationship with the current Chinese leadership—one that encourages China to become a better and more responsible global citizen."

They go on to explain that realizing the Dalai Lama's vision and goals for harmony would not only benefit Tibetans but would also make China more stable and secure, allowing it to modernize and wield its influence on the global stage more responsibly.

The article concludes with a simple but powerful message to stay the course: "There is no better way to honor the Dalai Lama on his 80th birthday than by standing with him and the Tibetan people, vowing to keep their cause alive."



Above: A series of photos on the Dalai Lama’s long history with the United States was open to political leaders, friends of Tibet, and members of the public.

U.S. SENATE HOSTS PHOTO EXHIBIT HONORING HIS HOLINESS

“America and the 14th Dalai Lama” was the title of a photo exhibit on display in the rotunda of the Russell Senate Office Building from July 6 to 10 in Washington, DC. The collection of images, curated by ICT’s Tencho Gyatso, represented the longstanding relationship between His Holiness and America.

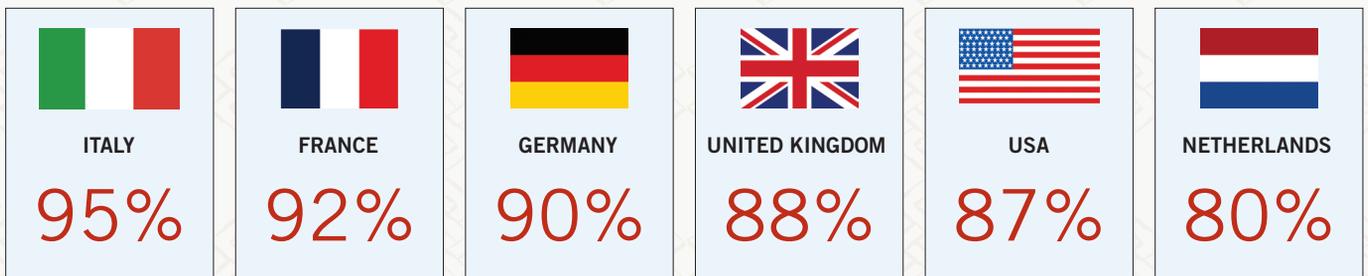
That relationship began in 1942, when President Franklin Roosevelt sent a gift of a gold watch to the young Dalai Lama along with a letter expressing that Americans were greatly interested in Tibet and the Tibetan people. However,

His Holiness did not actually visit the U.S. in person until 1979, when he was 44 years old. At the opening reception, a staff member delivered remarks from Senator Ben Cardin: “We honor the Dalai Lama’s long life commitment to religious freedom and his humble, yet relentless efforts to preserve the unique cultural, linguistic and religious heritage of Tibet.” Other speakers included Mr. Carl Gershman, President of NED, Katrina Lantos-Swett, President of the Lantos Foundation, Jigme Gorap of the Capital Area Tibetan Association and ICT President Matteo Mecacci.

OPINION POLL SHOWS WORLDWIDE POPULARITY OF DALAI LAMA

In an ICT poll commissioned the week before the Dalai Lama’s birthday, people in five European countries and the U.S. were asked their opinion of the Dalai Lama. Results showed overwhelming approval for His Holiness in all six countries.

PERCENTAGE OF PEOPLE WHO REPORTED A “GOOD OPINION” OF THE DALAI LAMA:



View the press release online:
www.savetibet.org/bit.ly/opinionpoll

Recent Successes

Expert Panel Speaks Out Against Lockdown in Tibet

A panel of experts and advocates for Tibet, including ICT President Matteo Mecacci, spoke on June 15 at a special UN Human Rights Council side event in Geneva called “Lockdown in Tibet.” The event coincided with the 29th session of the UN Human Rights Council and focused attention on several human rights issues facing Tibet today, including restrictions on freedom of expression and movement, which impact Tibetans’ ability to exercise other fundamental human rights.

The lack of access to Tibet for UN mandate-holders, foreign diplomats and journalists, among others, severely impacts the protection and promotion of human rights in Tibet as well as the free flow of information out of Tibet. Mecacci spoke about the deplorable “lockdown” conditions in Tibet since the demonstrations against Chinese rule in 2008. Calling on China to allow international access to Tibet, Mecacci said, “No country can hide from international scrutiny forever.”

Former political prisoner Golog Jigme made a powerful statement on his personal experience of arrest and torture as a result of the documentary film he assisted in making about the situation inside Tibet. “As human beings, we Tibetans deserve the right to express freely without fear of being arrested or tortured,” he said.



Above: Sarah Sewall and Matteo Mecacci were among those to advocate for Tibet on the Lockdown panel.

U.S. Undersecretary for Civilian Security, Democracy, and Human Rights and Special Coordinator for Tibetan Issues Sarah Sewall took a strong stance in urging members of the UN Human Rights Council “to join the United States in encouraging the Chinese government to live up to its international obligations to respect Tibetans’ distinct culture, identity, and fundamental human rights.”

Resolutions in House and Senate Honor the Dalai Lama

Just days after His Holiness the Dalai Lama’s birthday, two resolutions supported by ICT passed in the House and Senate. On July 8, the U.S. House of Representatives adopted a bipartisan resolution condemning Chinese policies in Tibet and calling for resumed dialogue between China and the Dalai Lama to negotiate a settlement for the people of Tibet. House Resolution 337 honors the Dalai Lama’s birthday and calls for “substantive dialogue, without preconditions, in order to address Tibetan grievances and secure a negotiated agreement for the Tibetan people.”

Representatives Chris Smith (R), Eliot Engel (D), Jim McGovern (D), Dana Rohrabacher (R), and Democratic Leader Nancy Pelosi all took to the floor to speak in support of the resolution, which was agreed to without objections.

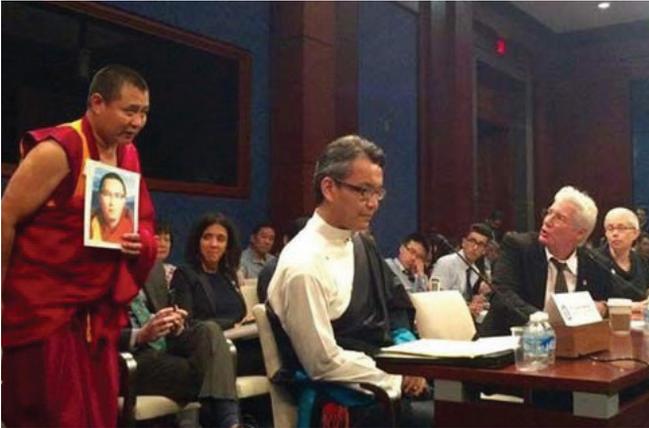
In his remarks, representative Chris Smith said, “This week, when so many voices around the world are joined in wishing His Holiness the Dalai Lama, a happy 80th birthday, it is a fitting time to re-commit ourselves to Congress’s longstand-

ing support for the fundamental rights of the people of Tibet, because the situation in Tibet has never been more bleak.”

The resolution specifically calls for an official U.S. presence in Lhasa to allow the government to monitor developments in Tibet and to provide consular protection to U.S. citizens. It also urges the U.S. government to ensure that human rights and religious freedom issues are consistently raised in the U.S.-China Strategic and Economic Dialogue and other high-level meetings, and calls for the immediate and unconditional release of all political prisoners, including the 11th Panchen Lama.

On the same day, the U.S. Senate unanimously passed Senate Resolution 200 wishing the Dalai Lama a happy birthday and recognizing his outstanding contributions to nonviolence, human rights, interfaith dialogue, environmental awareness, and democracy. Sponsored by Senator Dianne Feinstein (D), the resolution succeeded with the help of ICT members who reached out to their senators to encourage its passage.

Richard Gere Gives Testimony at Human Rights Commission Hearing



“Change will come to Tibet; it’s not a matter of if, but when. It may take time, but we need to act. As the Dalai Lama has said, change can only take place through action. We each have a role to play, and we must act now and consistently.”

— ICT Chairman Richard Gere

On July 14, ICT Chairman Richard Gere gave testimony as a panelist at a Tom Lantos Human Rights Commission hearing titled “Tibet & China: Searching for a New Way Forward,” on human rights and the political situation inside Tibet. Other panelists included U.S. Undersecretary for Civilian Security, Democracy, and Human Rights and Special Coordinator for Tibetan Issues Dr. Sarah Sewall, Sophie Richardson of Human Rights Watch, and Kaydor Aukatsang, Representative of His Holiness the Dalai Lama to the Americas.

Richard Gere spoke on the recent tragic death of revered lama Tenzin Delek Rinpoche in prison inside Tibet and on the United States’ responsibility as a moral leader in the world. He also called on the Chinese government to stop vilifying the Dalai Lama and to re-engage in meaningful dialogue.

Above image: Photographs of the recently deceased Tenzin Delek Rinpoche were held aloft at the hearing.



New Director of Government Relations

ICT is pleased to welcome Andrea J. Worden as its new Director of Government Relations. Andrea previously served as senior counsel at the Congressional-Executive Commission on China

(CECC), where she monitored and reported on criminal justice and access to justice issues in China.

She has worked with a variety of nonprofit organizations that support human rights advocates in Asia, most recently as interim executive director of Asia Catalyst, a New York-based NGO. Fluent in Mandarin, Andrea has written and spoken widely on human rights issues in China. During the summer of 1987, she traveled for several weeks on her own in Tibet.

As Director of Government Relations, Andrea engages with Congress and the Executive branch to advocate for Tibetan issues. Andrea is a wonderful addition to ICT’s team!

SPECIAL REPORT:

The Teeth of the Storm

A new major report released by ICT documents the stories of young intellectuals, artists, bloggers, writers, and singers who have faced the life-altering consequences of torture and imprisonment for conveying their views or simply singing songs.

Read the full report online at bit.ly/teeth-of-the-storm

Inside Tibet

20 New Prohibitions

By order of the Chinese Communist Party, 20 activities have recently been forbidden in the Rebkong area of eastern Tibet. Many of them represent severe violations of basic human freedoms, enabling officials to impose criminal charges for everyday and often devotional activities.

The 20 points (a selection of which is listed here) show that in the current political climate, almost any expression of Tibetan identity or culture, no matter how mild, can be characterized by the authorities as “splittist” and therefore “criminal.” Definitions of what constitutes “criminal” activity are deliberately opaque, allowing leeway for lower-level officials and security personnel to apply harsh penalties.

BANNED IN TIBET Prayer | Speech | Thought

- FLYING THE “TIBET INDEPENDENCE” FLAG, PUTTING UP POSTERS, SPREADING PUBLICITY MATERIALS AND PROMOTING DISCUSSION.
- UNDERTAKING PRAYER ACTIVITIES FOR THE 14TH DALAI LAMA ON THE OCCASION OF A FESTIVAL, AT A MONASTERY, OR IN A PUBLIC PLACE.
- RECITING PRAYERS, MAKING INCENSE OFFERINGS OR LIGHTING BUTTER LAMPS AS PRAYERS FOR SELF-IMMOLATORS, OR GREETING THEIR FAMILIES.
- PROMOTING DISCUSSION OF “TIBET INDEPENDENCE” IN SCHOOLS.
- ESTABLISHING ORGANIZATIONS AND UNDERTAKING ACTIVITIES UNDER THE PRETEXT OF “PROTECTING THE MOTHER TONGUE,” “ENVIRONMENTAL PROTECTION,” ETC.

For the complete list of the 20 new prohibitions, please visit: bit.ly/banned

Self-Immolation Update

Five additional self-immolations have occurred since our last report, bringing the total to 142 self-immolations since 2009. Each issue, we present with sadness those individuals who have most recently chosen this act of protest.

July 9, 2015

Sonam Tobgya, a monk in his late 20s, set fire to himself in the main square of Kyegudo (Yushu) in an atmosphere of heightened security imposed around the period of the Dalai Lama’s 80th birthday. He was said to have been taken away, still alive, by armed police.

Wellbeing: Unknown



Neykyab

April 16, 2015

Neykyab, believed to be in his 40s or 50s, set fire to himself in Ngaba (Chinese: Aba) county in Sichuan. He was the brother-in-law of another Tibetan, Dargye, from Ngaba who set fire to himself in Lhasa in 2012.

Wellbeing: Deceased



Sangye Tso

May 27, 2015

Sangye Tso, 36, set fire to herself in a township in Chone (Chinese: Zhuoni) county, Kanlho (Chinese: Gannan), Tibetan Autonomous Prefecture in Gansu Province. A Tibetan source said: “The specific location was the Party and government offices...symbolic to locals of policies of injustice against Tibetans.”

Wellbeing: Deceased

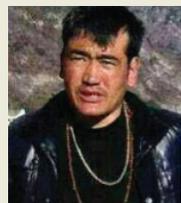


Norchuk

March 5, 2015

Norchuk, in her late 40s, set herself on fire in a village in Ngaba (Chinese: Aba) in the first self-immolation of 2015. Unusually, her body was not taken by the authorities. Local people cremated her remains in order to pay their respects.

Wellbeing: Deceased



Tenzin Gyatso

May 20, 2015

Tenzin Gyatso, a father of four in his early 30s, set fire to himself at a government building in Tawu, apparently in response to tightened security in the buildup to the Dalai Lama’s 80th birthday. He was taken away by armed police.

Wellbeing: Unknown

The most up-to-date information and analysis on the self-immolations inside Tibet is available at savetibet.org

Earthquake Relief Fund Update



Thanks to the generosity of our members, ICT has been able to raise more than \$80,000 for our Tibetan and Nepali brothers and sisters who were victims of the earthquakes that hit the region this spring. Additionally, our offices in Europe have separately raised over \$25,000.

ICT's Earthquake Relief Fund directs 100 percent of donations to trusted organizations on the ground in the quake-affected areas, including:

Himalayan Society for Youth and Women Empowerment is dedicated to empowering Himalayan ethnic communities in Nepal. The organization has distributed tarps, food and medical kits in remote areas affected by the quake, including among ethnic minorities living in hard-to-reach places like Kahule.

Karuna-Shechen provides health care, education, and social services for the under-served people of India, Nepal, and Tibet. The organization is bringing relief and food aid to isolated villages in earthquake-affected areas such as Jyamira village (Sindhupalchok district) and Kaichalpani (Gorkha district) and offering mobile medical care via traveling teams of healthcare professionals.

Chokgyur Lingpa Foundation is a humanitarian organization that offers healthcare and education programs rooted in the teachings of the Buddha. The foundation has brought emergency relief to remote families in the mountainous regions north of Kathmandu and will soon begin work on extensive rebuilding of monasteries, schools, and villages throughout Nepal.

The Foundation for the Preservation of the Mahayana Tradition is devoted to preserving and spreading Mahayana Buddhism worldwide. Their earthquake aid work has provided essential food and medicine for short-term relief as well as temporary housing materials such as tarps and zinc sheets.

The Relief Committee for Tibetans Affected in Nepal, which was established by the Tibetan communities in Nepal and is chaired by the Tibetan coordinator in Nepal, began the first stage of emergency earthquake relief with the distribution of tarps, water, and food items, as well as medical treatment for Tibetans in the Kathmandu valley as well as in the remote regions of Mustang, Walung and Rasuwa. They are currently planning the second stage of their efforts, focused around reconstruction work.

Above image: A team from the Himalayan Society for Youth and Women Empowerment distribute tarps at the roadside to residents of Shyrabu in Rasuwa.

PLEASE CLIP HERE

Member Survey: Please Respond

The *Tibet Press Watch* began as a collection of newspaper clippings on Tibet and has evolved and grown alongside the organization. We value your input as we determine its future direction. Please take a moment to tell us what you would like from this publication. Then clip and mail your survey in the attached envelope. Thank you!

Name: _____ State of residence: _____

- Do you read each issue of *Tibet Press Watch* you receive?
 - Cover to cover
 - Skim for stories that interest me
 - When time allows
 - I don't read it
- We also offer the *Tibet Press Watch* online. Do you read the digital version?
 - Yes
 - No
- Which format do you prefer?
 - Print
 - Digital
- Which pieces of the *Tibet Press Watch* are most valuable to you (check all that apply)?
 - Letter from the president
 - Recent successes
 - Global initiatives from our offices around the world
 - Excerpts from major ICT reports
 - Reporting on the impact of your donations
 - Reporting on self-immolations
 - Reporting from inside Tibet
 - Member news and profiles
 - Articles on Tibetan arts and culture
 - Petitions to government leaders
- Are there additional stories or types of content you would like to see?

- Would you prefer the *Tibet Press Watch* be... ?
 - Shorter
 - Longer
 - More frequent
 - Less frequent
 - I like it as is

Thank you for your help in shaping the future of our communications!



Stay Informed, Stay Connected

Via our websites and social media, you can keep informed about the Tibet movement and the work of ICT. "Like" us, "share" us, and help us spread the word.



Join us for the online conversation at our blog at weblog.savetibet.org

Visit our website in Chinese at liaowangxizang.net



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International Campaign for Tibet



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[@LiaoWangXiZang](https://twitter.com/LiaoWangXiZang) (CHINESE) 中文

Share us with your contacts and join in the Tibet conversation. The more people who care about Tibet, the bigger the impact we can have!

Small Gifts, Big Difference

The *Friends of Tibet* are a small inner circle of supporters of the International Campaign for Tibet who pledge to make a monthly automated gift. The steady, reliable support of our *Friends of Tibet* gives us the ability to act (and not just react) in defense of the people and culture of Tibet. Take the next step in your support by joining the *Friends of Tibet* today. Enroll online at www.savetibet.org/friends-of-tibet, or by contacting Lizzy Ludwig at lizzy.ludwig@savetibet.org or (202) 580-6767.

