



INTERNATIONAL CAMPAIGN FOR TIBET

His Holiness the Dalai Lama

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Following in the footsteps of Mahatma Gandhi and Martin Luther King Jr., His Holiness the Dalai Lama is perhaps the greatest voice for peace in the world today.

His unique vision guides the International Campaign for Tibet.

In the face of credible threats to his life at the hands of the Chinese invaders, the Dalai Lama was forced to flee Tibet on the night of March 17, 1959. Although he has gone on to earn international acclaim throughout his long life in exile, he has never been allowed to return home.

As the spiritual leader of [Tibetan Buddhism](#) and an international statesman, His Holiness has attracted followers around the world. In 1989, he [received the Nobel Peace Prize](#). In 2007, he was awarded the [US Congressional Gold Medal](#). And year after year, he's [voted one of the most admired people on the planet](#).

The Dalai Lama advocates the [Middle Way Approach](#) for Tibet's future, which would bring long-term stability to the region by addressing the needs of both Tibetans and Chinese. Under the Middle Way, Tibet would remain part of the People's Republic of China, but Tibetans would have meaningful autonomy.

In 2011, the Dalai Lama retired from politics and turned over power to the elected Tibetan leadership as part of his democratization of the Tibetan governance system.

The Dalai Lama was just 23 when he was forced to leave Tibet. Today, he is more than 80. Let's help him return home at the earliest.

